

# WELCOME TO



Transform your dog's behavior  
and deepen your bond with our  
tailored training solutions.

At A Bark Away NJ,  
we believe every dog has the  
potential to thrive with the right  
guidance and environment.

# WHY CHOOSE OUR BOARD & TRAIN



Our immersive **Board and Train** program is designed for busy pet parents who want the best for their dogs but lack the time or expertise to train them effectively. Whether addressing basic obedience or complex behavioral challenges, we create a personalized plan to fit your dog's unique needs.

During their stay, your dog will live in a home-like environment, ensuring comfort and familiarity while undergoing transformative training. From leash manners to anxiety management, our program equips your dog with the skills needed to succeed in the real world.

## WHAT MAKES US DIFFERENT?

### Personalized Care:

One dog at a time—your pet receives undivided attention.

### In-Home Comfort:

Training starts in a home setting to build a foundation of trust.

### Real-World Exposure:

Gradual introduction to distractions such as parks, streets, and social scenarios.

### Gradual Socialization:

Your dog will interact with a variety of pets I've trained and boarded, learning to coexist respectfully—whether they make new friends or prefer a smaller social circle.

### Inclusive Training:

We welcome all breeds. A dog's breed may guide our training but never excuses unwanted behavior—every dog deserves a chance to succeed.

# CORE TRAINING INCLUDES



**DOWN**



**SIT**



**PLACE**



**DOOR  
MANNERS**



**HEEL**



**SOCIAL  
ETIQUETTE**



**COME**

## **FLEXIBLE TRAINING DURATIONS:**

Our Board and Train program is typically a 3-week course, perfect for addressing basic obedience and moderate behavioral challenges.

For dogs with more severe issues, such as human or canine aggression, or for owners seeking advanced training, we offer an extended 5-week course. This option allows for deeper behavioral modification or specialized skills tailored to your goals.



# OUR PROMISE



At A Bark Away NJ, we aim to reeducate not just your dog, but also you as the owner. Together, we'll build the tools and habits needed for lasting success. Your dog will leave our program confident, obedient, and ready to thrive—whether exploring the world by your side or relaxing at home.

**Take the first step  
toward a more fulfilling  
life with your dog.  
Contact us today to  
learn more!**



# PROGRAM OVERVIEW

5-Week Board and  
Train Course Outline



# WEEK ONE



## FOUNDATIONS, SLIP LEAD TRAINING, AND COMMUNICATION

what does  
week one  
focus on?



Building **trust**, introducing **leash communication**, and establishing **routines**.

- **Introduction to basic commands:** Sit, Down, Place, Come.
- **Leash communication using a slip lead:** teaching the dog to turn off pressure and respond to guidance.
- **Food luring** and **verbal/non-verbal markers**.
- Developing **timing, consistency**, and **reward systems**.
- Initial **exposure to home** and **outdoor environments**.
- Calm **crate introduction** and **routine establishment**.

# WEEK TWO

## OBEDIENCE, PRONG COLLAR TRANSITION, CORRECTIONS, AND ACCOUNTABILITY

what does  
week two  
focus on?

**Strengthening commands,**  
teaching **accountability**, and  
refining **leash manners** for  
**real-world situations.**

- Transitioning from slip lead to **prong collar**: ensuring proper fit and comfortable adjustment.
- Introducing **corrections**: teaching the dog **accountability** for commands through clear, consistent feedback.
- **Structured heel with street manners**:
  - Teaching the dog to **walk calmly in high-distraction areas.**
  - **Auto-sit** commands for upcoming traffic, triggers, or when stopping at intersections.
  - 180-degree inside and outside turns: creating **focus on the handler during walks.**
- **Door manners**: patience at thresholds and maintaining composure.
- Learning appropriate levels of correction with the prong collar for **effective communication.**
- Practice consistent **recall** drills with increasing **distance.**



# WEEK TWO



## OWNER TRAINING SESSION

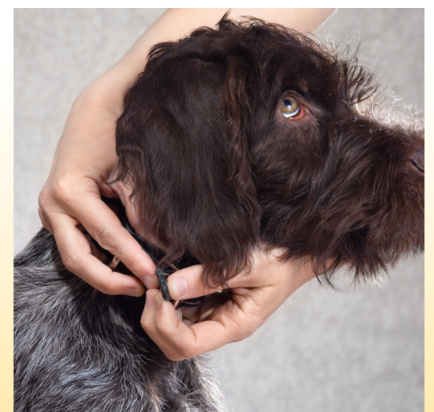
**During the second week, we will meet for a hands-on training session focused on:**



Basic obedience and street manners to ensure you feel confident and equipped.



Proper leash handling.



Prong collar use, including appropriate correction levels.

# WEEK THREE



## Social Etiquette and E-Collar Introduction

**Socialization, managing distractions, and basic E-collar training.**

- Gradual socialization with boarded/trained pets (teaching coexistence and potential play).
- Managing reactivity to people, dogs, or noises.
- Controlled exposure to crowded spaces like parks or streets.
- Introduction to the E-collar: proper use, fit, and working level identification.
- Reinforcing basic commands (Sit, Down, Come, Place) with E-collar for consistency.
- Learning appropriate levels of correction with the E-collar for various behaviors.

what does week three focus on?

**Note:** E-collar training for general obedience can be completed in 3 weeks. For full off-leash reliability, including safe performance in high-distraction environments like streets, the advanced 5-week course is recommended.



# WEEK FOUR



## BEHAVIOR MODIFICATION AND ADVANCED TRAINING

**no more  
aggression  
for me!**

**Addressing problem  
behaviors and reinforcing  
E-collar training.**



- Resolving specific behavioral issues (e.g., barking, jumping, counter-surfing).
- Advanced E-collar usage for off-leash commands.
- Building distance and duration for all commands.
- Proofing commands against distractions in varied environments.
- Social etiquette reinforcement with varying personalities and public exposure.

# WEEK FIVE

A woman with sunglasses and a colorful scarf sits at a black outdoor table, holding a small white object. A large white dog sits beside her, looking up. The background is a warm-toned outdoor setting.

## MASTERY, PUBLIC PROOFING, AND OWNER INTEGRATION

Ensuring **real-world reliability** and **transferring skills to the owner**.

- Mastering **off-leash reliability**, including **recall** and **heel**, even in **public** or **high-distraction** areas.
- Reinforcing commands for **distance**, **duration**, and **distraction**.
- **Final owner training:** a go-home session focused on:
  - Prong collar refresher and use.
  - E-collar usage in real-world scenarios.
  - These sessions may take 1-2 hours, depending on the dog's and owner's progress.

**Developing a long-term plan for maintaining consistency and success at home.**



# BEHAVIOR MODIFICATION

*(aggression towards  
dogs and humans)*

## BOOK NOW!

716-573-6015



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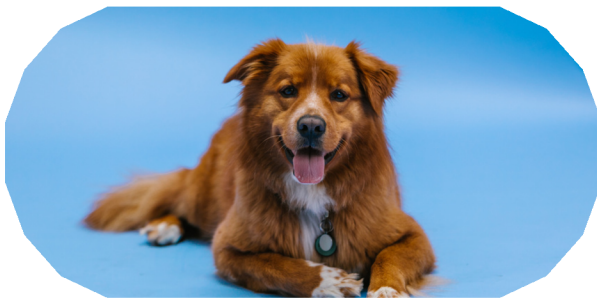


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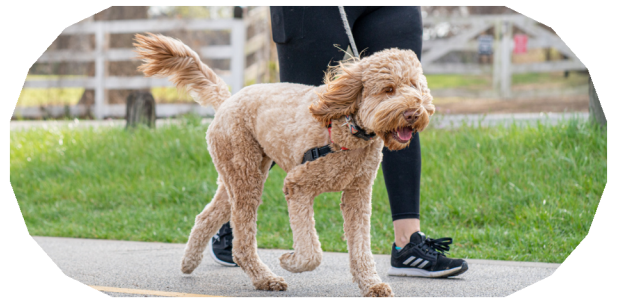
Addressing aggressive behaviors towards people or other dogs, including desensitization and controlled exposure techniques.

### 3-WEEK PROGRAM OPTION



Ideal for basic obedience, mild behavioral issues, and introductory E-collar training.

### 5-WEEK PROGRAM OPTION



Required for full off-leash reliability, public-proofing commands, and addressing severe behavioral problems.

### BEHAVIOR MODIFICATION ADD-ON

For dogs showing **aggressive behavior** towards **other dogs** or **humans**, an **additional week** can be added for a total of **\$1,000**.

This week will focus on desensitization, controlled exposure, and managing aggressive responses in a safe, structured environment.

